**Tarmon maastojuoksut 2026**

Osakilpailun voittaja saa pisteitä niin paljon kuin sarjassa on osanottajia, seuraava saa pisteen vähemmän ja osakilpailun viimeinen saa pisteen.
Loppupisteisiin lasketaan kaksi parasta osakilpailua.
Kaikki vähintään kahteen osakilpailuun osallistuneet palkitaan osanottomitalilla.

| | | | | **pisteet** | pisteet | pisteet | pisteet | **28.9.** | | pisteet | **5.10.** | | pisteet | **19.10.** | | pisteet |
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| | | | | **yht.** | 1. osak. | 2. osak. | 3. osak. | | | | | | | | | |
| **tytöt 3 100m** | | | | | | | | | | | | | | | | |
| | 1 | Aada Ahti | kulta | **4** | 2 | 2 | 2 | 1 | Aada Ahti | 2 | 1 | Aada Ahti | 2 | 1 | Aada Ahti | 2 |
| | 2 | Melina von Behr | hopea | **2** | 1 | 1 | 1 | 2 | Melina von Behr | 1 | 2 | Melina von Behr | 1 | 2 | Melina von Behr | 1 |
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| **pojat 3 100m** | | | | | | | | | | | | | | | | |
| | 1 | Alvar Aho Kuosmanen | kulta | **8** | 2 | 4 | 4 | 1 | Alvar Aho Kuosmanen | 2 | 1 | Alvar Aho Kuosmanen | 4 | 1 | Alvar Aho Kuosmanen | 4 |
| | 2 | Lauri Puisto | hopea | **5** | | 3 | 2 | 2 | Arvi Seppälä | 1 | 2 | Lauri Puisto | 3 | 2 | Ilkka Puisto | 3 |
| | 2 | Ilkka Puisto | hopea | **5** | | 2 | 3 | | | | 3 | Ilkka Puisto | 2 | 3 | Lauri Puisto | 2 |
| | 4 | Arvi Seppälä | osall | **2** | 1 | 1 | 1 | | | | 4 | Arvi Seppälä | 1 | 4 | Arvi Seppälä | 1 |
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| **tytöt 5 350m** | | | | | | | | | | | | | | | | |
| | 1 | Adeliina Råmark | kulta | **12** | 6 | 5 | 6 | 1 | Adeliina Råmark | 6 | 1 | Adeliina Råmark | 5 | 1 | Adeliina Råmark | 6 |
| | 2 | Ulpu Pohjalainen | hopea | **9** | 5 | 4 | 4 | 2 | Ulpu Pohjalainen | 5 | 2 | Ulpu Pohjalainen | 4 | 2 | Veera Varelius-Levä | 5 |
| | 3 | Veera Varelius-Levä | pronssi | **8** | 3 | 2 | 5 | 3 | Vivia Monto | 4 | 3 | Enni Wahlman | 3 | 3 | Ulpu Pohjalainen | 4 |
| | 3 | Enni Wahlman | osall | **6** | 2 | 3 | 3 | 4 | Veera Varelius-Levä | 3 | 4 | Veera Varelius-Levä | 2 | 4 | Enni Wahlman | 3 |
| | 4 | Vivia Monto | osall | **5** | 4 | 1 | 1 | 5 | Enni Wahlman | 2 | 5 | Vivia Monto | 1 | 5 | Oosa Nylund | 2 |
| | | Oosa Nylund | | **2** | | | 2 | 6 | Veera Virtala | 1 | | | | 6 | Vivia Monto | 1 |
| | | Veera Virtala | | **1** | 1 | | | | | | | | | | | |
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| **pojat 5 350m** | | | | | | | | | | | | | | | | |
| | 1 | Filip Kivimäki | kulta | **13** | 6 | 7 | 4 | 1 | Filip Kivimäki | 6 | 1 | Filip Kivimäki | 7 | 1 | Filip Kivimäki | 4 |
| | 2 | Veini Alho Kuosmanen | hopea | **11** | 5 | 6 | | 2 | Veini Alho Kuosmanen | 5 | 2 | Veini Alho Kuosmanen | 6 | 2 | Roope Kuusisto | 3 |
| | 3 | Roope Kuusisto | pronssi | **8** | | 5 | 3 | 3 | Mauno Pitkänen | 4 | 3 | Roope Kuusisto | 5 | 3 | Taavi Ala-Jääski | 2 |
| | 3 | Mauno Pitkänen | osall | **7** | 4 | 3 | | 4 | Osma Säkkinen | 3 | 4 | Osma Säkkinen | 4 | 4 | Kaarne Saarela | 1 |
| | 5 | Osma Säkkinen | osall | **7** | 3 | 4 | | 5 | Kaarne Saarela | 2 | 5 | Mauno Pitkänen | 3 | | Veini Alho Kuosmanen | osl |
| | 6 | Taavi Ala-Jääski | osall | **4** | 1 | 2 | 2 | 6 | Taavi Ala-Jääski | 1 | 6 | Taavi Ala-Jääski | 2 | | | |
| | 7 | Kaarne Saarela | osall | **3** | 2 | 1 | 1 | | | | 7 | Kaarne Saarela | 1 | | | |
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| **tytöt 7 2x350m** | | | | | | | | | | | | | | | | | |
| | 1 | Inari Salminen | kulta | **8** | 4 | 3 | 4 | 1 | Inari Salminen | 4 | 1 | Inari Salminen | 3 | 1 | Elle Heikkilä | 5 |
| | 2 | Kiira Seppälä | hopea | **6** | 3 | 2 | 3 | 2 | Kiira Seppälä | 3 | 2 | Kiira Seppälä | 2 | 2 | Inari Salminen | 4 |
| | 3 | Ronja Varelius-Levä | pronssi | **4** | 2 | 1 | 2 | 3 | Ronja Varelius-Levä | 2 | 3 | Ronja Varelius-Levä | 1 | 3 | Kiira Seppälä | 3 |
| | 4 | Aurora Manni | osall | **2** | 1 | | 1 | 4 | Aurora Manni | 1 | | | | 4 | Ronja Varelius-Levä | 2 |
| | | Elle Heikkilä | | **5** | | | 5 | | | | | | | 5 | Aurora Manni | 1 |
| | | | | | | | | | | | | | | | | |
| **pojat 7 2x350m** | | | | | | | | | | | | | | | | |
| | 1 | Kasper Kivimäki | kulta | **18** | 7 | 10 | 8 | 1 | Teemu Pirhonen | 8 | 1 | Kasper Kivimäki | 10 | 1 | Kasper Kivimäki | 8 |
| | 2 | Teemu Pirhonen | hopea | **15** | 8 | 7 | 5 | 2 | Kasper Kivimäki | 7 | 2 | Santeri Kuusisto | 9 | 2 | Aapo Ahti | 7 |
| | 3 | Aapo Ahti | hopea | **15** | 6 | 8 | 7 | 3 | Aapo Ahti | 6 | 3 | Aapo Ahti | 8 | 3 | Santeri Kuusisto | 6 |
| | 4 | Santeri Kuusisto | hopea | **15** | 5 | 9 | 6 | 4 | Santeri Kuusisto | 5 | 4 | Teemu Pirhonen | 7 | 4 | Teemu Pirhonen | 5 |
| | 5 | Jalmar Helander | osall | **10** | | 6 | 4 | 5 | Leevi Kubik | 4 | 5 | Jalmar Helander | 6 | 5 | Jalmar Helander | 4 |
| | 6 | Leevi Kubik | osall | **9** | 4 | 5 | | 6 | Aarni Säkkinen | 3 | 6 | Leevi Kubik | 5 | 6 | Oiva Pohjalainen | 3 |
| | 7 | Oiva Pohjalainen | osall | **7** | 2 | 4 | 3 | 7 | Oiva Pohjalainen | 2 | 7 | Oiva Pohjalainen | 4 | 7 | Oliver Pelkonen | 2 |
| | 8 | Aarni Säkkinen | osall | **6** | 3 | 3 | | 8 | Leevi Ala-Jääski | 1 | 8 | Aarni Säkkinen | 3 | 8 | Leevi Ala-Jääski | 1 |
| | 9 | Oliver Pelkonen | osall | **4** | | 2 | 2 | | | | 9 | Oliver Pelkonen | 2 | | | |
| | 10 | Leevi Ala-Jääski | osall | **2** | 1 | 1 | 1 | | | | 10 | Leevi Ala-Jääski | 1 | | | |
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| **tytöt 9 3x350m** | | | | | | | | | | | | | | | | |
| | 1 | Selma Helander | kulta | **4** | 1 | 2 | 2 | 1 | Selma Helander | 1 | 1 | Selma Helander | 2 | 1 | Selma Helander | 2 |
| | 2 | Lila Lahtinen | hopea | **2** | | 1 | 1 | | | | 2 | Lila Lehtinen | 1 | 2 | Lila Lehtinen | 1 |
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| **pojat 9 3x350m** | | | | | | | | | | | | | | | | |
| | 1 | Kimi Rissanen | kulta | **6** | 3 | 3 | 1 | 1 | Kimi Rissanen | 3 | 1 | Kimi Rissanen | 3 | 1 | Villiam Saarela | 2 |
| | 2 | Villiam Saarela | hopea | **4** | 2 | 2 | 2 | 2 | Villiam Saarela | 2 | 2 | Villiam Saarela | 2 | 2 | Kimi Rissanen | 1 |
| | 3 | Samu Kubic | pronssi | **2** | 1 | 1 | | 3 | Samu Kubic | 1 | 3 | Samu Kubic | 1 | | | |
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| **tytöt 11 3x350m** | | | | | | | | | | | | | | | | |
| | 1 | Hilla Mäntysaari | kulta | **2** | 1 | 1 | 1 | 1 | Hilla Mäntysaari | 1 | 1 | Hilla Mäntysaari | 1 | 1 | Hilla Mäntysaari | 1 |
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| **pojat 11 3x350m** | | | | | | | | | | | | | | | | |
| | 1 | Oscar Joensuu | kulta | **5** | | 2 | 3 | 1 | Aarni Muittari | 2 | 1 | Oscar Joensuu | 2 | 1 | Oscar Joensuu | 3 |
| | 2 | Roope Pirhonen | hopea | **2** | 1 | 1 | 1 | 2 | Roope Pirhonen | 1 | 2 | Roope Pirhonen | 1 | 2 | Emil Heikkilä | 2 |
| | | Emil Heikkilä | | **2** | | | 2 | | | | | | | 3 | Roope Pirhonen | 1 |
| | | Aarni Muittari | | **2** | 2 | | | | | | | | | | | |
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| **tytöt 13 2km** | | | | | | | | | | | | | | | | | |
| | 1 | Nelli Mäntysaari | kulta | **4** | 2 | 2 | | 1 | Nelli Mäntysaari | 2 | 1 | Nelli Mäntysaari | 2 | | | | |
| | 2 | Emma Rissanen | hopea | **2** | 1 | 1 | | 2 | Emma Rissanen | 1 | 2 | Emma Rissanen | 1 | | | | |
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| **pojat 13 2km** | | | | | | | | | | | | | | | | | |
| | 1 | Johannes Joensuu | kulta | **4** | 2 | 2 | 2 | 1 | Johannes Joensuu | 2 | 1 | Johannes Joensuu | 2 | 1 | Johannes Joensuu | 2 | |
| | 2 | Heikki Seppälä | hopea | **2** | 1 | 1 | 1 | 2 | Heikki Seppälä | 1 | 2 | Heikki Seppälä | 1 | 2 | Heikki Seppälä | 1 | |
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| **pojat 5km** | | | | | | | | | | | | | | | | | |
| | 1 | Sisu Malvela | kulta | **2** | 1 | 1 | | 1 | Sisu Malvela | 1 | 1 | Sisu Malvela | 1 | 1 | Santeri Vallin | 2 | |
| | | Santeri Vallin | | **2** | | | 2 | | | | | | | 2 | Sisu Malvela | 1 | |
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| | | | kulta | | 13 | | | | | | | | | | | | |
| | | | hopea | | 14 | | | | | | | | | | | | |
| | | | pronssi | | 4 | | | | | | | | | | | | |
| | | | osall | | 14 | | | | | | | | | | | | |
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